

Date: 10/3/25

Grades K-5 LAUSD Breakfast Menu
November 3 – 7, 2025

	Monday 11/3	Tuesday 11/4	Wednesday 11/5	Thursday 11/6	Friday 11/7
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Cinnamon Pan Dulce V (R2252)	Morning Beef Sausage Sandwich (R0108)	Guava & Apple Pastelito V (CMS #2095, R2450)	Ham & Cheese Croissant (R0628)	Cinnamon Roll V (R2287)
Entrée 2	Deluxe Cereal Bowl V	Buttery Maple Waffle V (R2259)	Yogurt 4 oz. & Crackers V (R5617-DW, R5618-CB)	Deluxe Cereal Bowl V	Nutri-Grain Bar & String Cheese V (R2302)
Entrée 3 <i>Vegan</i>	Cinnamon Toast Crunch (CMS #1623, R2437)	Morning Magic Bagel (R2292)	Guava & Apple Pastelito (CMS #2095, R2450)	Cinnamon Toast Crunch (CMS #1623, R2437)	Morning Magic Bagel (R2292)
Entrée 3 <i>Vegan</i>	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)	Fresh Fruit	Apple Slices, Green (CMS #3417, R3001)	Fresh Fruit	Fresh Fruit	Apple Slices, Green (CMS #3417, R3001)
Fruit Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk (8 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	Strawberry Jam	-	-	Strawberry Jam

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623, R2437)	Honey Bunches of Oats (CMS #1425, R2448)	Honey Cheerios (CMS #1442, R2449)
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Fresh Fruit:

Apple (CMS#3800, R3084)	Apple Slices, Green (CMS #3417, R3001)	Banana (CMS #3204, R3005)	Kiwi (CMS# 3846, R3288)	Orange (CMS #3093, R3148)
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Milk (8 oz.): Must serve at least two (2) of the following options:

Fat-Free	Low-Fat	Fat-Free Lactose Free
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PREP Grades K-5 LAUSD Lunch Menu November 3 – 7, 2025					
	Monday 11/3	Tuesday 11/4	Wednesday 11/5	Thursday 11/6	Friday 11/7
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>	All Star Turkey Hot Dog (R0584)	Chicken Drumstick & Mashed Potato (R5811) Honey Biscuit (R2638)	Optional: Fresh Topping* for all burgers Cafe LA Burger* (R0090) AND/OR Cafe LA Cheeseburger* (R0128)	Zesty Beef & Cheese Chalupa, Bulk & Tortilla Chips (R5699) & Fresh Salsa (R4613)	Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge V (R1063) <u>Optional Pizza Variations:</u> Hawaiian Pizza (R1125), Mexican Pizza (R1154), Supreme Pizza (R1155)
Entrée 2	Beef & Cheese Burrito (R0145) & Fresh Salsa (R4613)	Mac N Cheese V (R5653) AND/OR Turkey Breast & Cheese Sandwich (R0911) Optional: Fresh Topping*	Arroz Con Pollo (R5783)	BBQ Popcorn Chicken (R0967) Honey Biscuit (R2638) AND/OR Buffalo Popcorn Chicken (R0966) Honey Biscuit (R2638)	Orange Chicken & Broccoli Rice Bowl (R5626)
Entree 3 <i>Vegan</i>	Vegan Burrito (R6015)	Optional: Fresh Topping* for both sandwiches Chik'n Sandwich (R6029) AND/OR Spicy Chik'n Sandwich (R6051)	Impossible Burger (R6032) Optional: Fresh Topping*	Bean & Veggie Taco Crisp Up (R1953)	Vegan Teriyaki & Broccoli Rice Bowl (R6049)
*OPTIONAL FRESH TOPPINGS: <i>Fresh Lettuce (R4642) OR Lettuce & Tomato (R4520), and/or Fresh Pickles (R4618)</i>					
Fruit & Veg.	Refer to Harvest Bar or Harvest Stand Menu				
Vegetable (½ c)	No Hot Veg	No Hot Veg	Roasted Potato Wedges (R4370)	Street Corn (R4530)	Roasted Potato Wedges (R4370)
Milk (8 oz.)	Milk	Milk	Milk	Milk	Milk
Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once per week as an Extra Treat.				
Condiments	Ketchup, Mustard, Taco Sauce or Tapatio	BBQ Sauce, Ketchup, Mustard	Ketchup, Mayo, Mustard, Secret Sauce (R7079), Taco Sauce or Tapatio	Taco Sauce or Tapatio	Sriracha Sauce, Ketchup

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk (8 oz.): Must serve at least two (2) of the following options:

Date: 10/3/25

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
Milk Service Guidelines: <ul style="list-style-type: none">• At least one (1) unflavored milk must always be offered• Flavored milk (i.e., chocolate & strawberry) can only be offered to students in 1st grade and above.				








Date: 10/3/25

PREP Grades K-5 LAUSD Supper Menu November 3 – 7, 2025					
	Monday 11/3	Tuesday 11/4	Wednesday 11/5	Thursday 11/6	Friday 11/7
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
⚠️: Shows possible choking hazards or spicy items NOT for students under 4 years old. Refer to Guidelines for Serving Students Under 4 Years Old for substitutes.					
Entrée 1 <i>Hot</i> AND/OR <i>Cold</i>	Breaded Chicken Sandwich (R0958) AND/OR Spicy Breaded Chicken Sandwich ⚠️ (R0907)	Taco Bean & Cheese Dip with Tortilla Chips ✓ ⚠️ (R1160)	Bean & Veggie Taco Crisp Up (R1958)	Pepperoni Pizza Croissant (R2301) Optional: Marinara Sauce (R7132)	Toasted Cheese Sandwich ✓ (R1086-IW, R1159-Scratch)
	Manager's Choice Yogurt Parfait** ✓ Food & Nutrition Crackers (CMS #1590, R2428)	Turkey Stick ⚠️ (CMS #2065, R0759) & String Cheese ⚠️ (CMS #2902, R1047) Cheez-It Crackers (CMS #1239, R2410)	Manager's Choice SUPPER Sandwich**	Chicken Parmesan Wrap (R5751-DW, R5752-CB)	Manager's Choice SUPPER Sandwich**
	Shelf-Stable Meal Kits require AFSS approval to serve: 1. Beef Stick Meal Kit ⚠️ (CMS #1688, R5798), 2. Turkey Stick Meal Kit ⚠️ (CMS #1435, R5810), OR 3. Sunbutter & Jelly Meal Kit ✓ ⚠️ (CMS #1683, R5797)				
Entrée 2 <i>Vegan</i>	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is <i>different</i> than what was served for lunch the same day. Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068, R2183) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets ⚠️ (R6031) & Artisan Roll (CMS #6068, R2183) 6. Sunbutter & Strawberry Jelly Sandwich ⚠️ (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068, R2183) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich ⚠️ (R1944) 4. Chik'n Sandwich (R6029) 8. Spicy Chick'n Sandwich ⚠️ (R6051)				
Vegetable (½ c)	Cherry Smooth Cup (CMS #2364, R4463)	Golden State Juice (CMS #1485, R4666)	Celery Sticks ⚠️ (CMS #3826, R4658)	Potato Smiles (R4176) OR Tropical Trio Slush (CMS #2665, R4524)	Petite Baby Carrots ⚠️ (CMS #3006, R4010)
Fruit (½ c)	Fresh Fruit ⚠️	Fresh Fruit ⚠️	Frozen Tangerine Juice Cup (CMS #2871, R3856)	Apple Slices, Green (CMS #3417, R3001)	Strawberry Creamsicle (CMS #2861, R3853)
Milk (8 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	BBQ Sauce, Ketchup, Mayo, Mustard, Tajin	Taco Sauce or Tapatio, Tajin	Taco Sauce or Tapatio, Mayo, Mustard, Tajin, Optional: Ranch	Ketchup, Tajin	Mayo, Mustard, Tajin, Optional: Ranch

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**MANAGER'S CHOICE OPTIONS FOR SUPPER		
SANDWICHES	1. Apple Cinnamon Chickpea & Grape Jelly Sandwich   2. NEW - Jalapeno Bagel Sandwich (R1968) 3. Toasted Cheese Sandwich (R1086-IW, R1159-Scratch)	4. Turkey Breast & Cheese Sandwich (R0911) 5. Tuna Sandwich (R5619) 6. Sunbutter & Strawberry Jelly Sandwich  
PARFAITS	1. Blueberry Parfait  (R1690-DW, R1691-CB)	1. Mango Parfait  (R1692-DW, R1693-CB) 2. Strawberry Parfait  (R1694-DW, R1695-CB)

Fresh Fruit:

Apple (CMS#3800, R3084)	Apple Slices, Green (CMS #3417, R3001)	Banana (CMS #3204, R3005)	Kiwi (CMS# 3846, R3288)	Orange (CMS #3093, R3148)
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